

The 13th Dimension  
FOUNDATIONS OF THE 13<sup>th</sup> DIMENSION  
Part 2: The Source Field

**Class 1: A New Form of Consciousness**

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**JONETTE: OPENING COMMENTS/ANNOUNCEMENTS**

Happy 2026 and welcome to our new MARK series for this year.

Let me talk about this year first. Tomorrow I will post my Consciousness Update, but just to give you a preview: **2026 MARK is calling 'the Year of Conscious Evolution'**. In the beginning of this year, things are a little slow. *January, he's calling 'a Quiet Metamorphosis'*. Especially January, and the first 3 weeks of February, it's a slower time. It's a time to do MARK. It's a time to be inside in the quiet of winter and kind of cocoon in who you are. Toward the end of February, after the the Lunar New Year, there's an opening up. So just honor your quiet time, honor your sleep, honor your friendships, your family, taking care of yourself, staying warm, staying healthy - which I haven't done that well so far.

This is a continuing, a transformative year. MARK has been working on the 13th dimension, which is Super Consciousness, which is when the 12 of the linearity just kind of melt or explode into a new level of oneness, that doesn't have all the bits and pieces in: it's synthesized. **So we're going through this, sometimes physical, evolution and certainly a spiritual and emotional evolution, where all our bits and pieces, all our past lives, everything we've learned, all our lessons, are synthesizing in a way that our brain can't hold on to, our brain can't process.** But our beingness is unfolding in a different way, a more universal wholeness that's soft, not so definable. Maybe it doesn't feel so safe for our 3d mind, but just allow this kind of not knowing this month and most of February, because *the knowing just gets unplugged from what we thought we knew mentally, to a different sort of knowing that's quieter.* That's where we're going, and that's where MARK will take us in this course, which is Part 2, of the 'Foundations of the 13th Dimension'.

Our last course, Part 1, was 'the Threshold'. **So we've walked through the threshold and now we're in what MARK calls 'the Source Field', the Source Field.** It's as if our bubble of separation has opened up and we're exposed to Source in a way that we still can't comprehend, but we couldn't identify with before. Again, **it's not comprehensible, but our identity begins to expand into Source.** What that means is probably more: less understanding in your linear mind, less being able to grasp and prioritize and make things make sense, but a bigger fullness, a bigger knowingness and sense of safety, even in a world that can't be put in all our little boxes. So welcome to the Source Field.

I do invite you - **on January 1st, we did our trilogy activation.** It was really about the threshold of new creation. January 1, 2026, is a 1-1-1 in numerology. What I channeled was a lot about 3 gateways. 2026, when you add it up, is a 1. So January 1, 2026, is this triangular gateway, and we did a lot about love, wisdom and power in our trilogy. I haven't listened to it again, but I plan to, because it kind of spun me out into a wonderful place that's not coordinated in the same way. It's as if we are

stepping out of our old coordinates, and that doesn't feel as safe, but it feels so spacious. So this is where MARK's going to take us. Excuse me, I have a chest cold [Jonette coughing].

I'm going to ask MARK first to talk before he takes us on a journey, to talk about what's coming up, what he means by the Source Field, what we're moving into now.

## MARK: TRANSITION INTO THE SOURCE FIELD

Welcome Journeyers, this is MARK.

It used to be that you, as a singularity, would take a journey. Now what's opening up is you, as a multiplicity, takes many journeys. And we will not say, not all at the same time; your many journeys happen in harmonics with each other. So something that seems to have happened in the past or something that will happen in the future is already in harmony with who you are now.

**As we enter the Source Field, your ability to be in resonance or harmony beyond 3d, beyond time and space, begins to be more known to you.** *There's a harmonization and a synthesis outside of space/time that opens the **real** you up.* It opens the gate that's been closed while humanity has been in this developmental stage. As you move out of prototype and the initial development of you as 3d creatures, you begin to understand that you are infinite dimensional creatures, and *that* bubble is opening up.

What you may experience is, we'll call them, daydreams. You may find yourself in a linear way confused, but that you may be knowing at any given time much more than is right in front of you. **Your knowingness becomes un-encapsulated and begins to move out of its old boundaries, bringing in new information, new cognition, new experiences that will then need to be synthesized, or fabricated in a way, that your linear mind can understand them.** But in the place between the receiving of these extraordinary, these unusual, inputs and you're cataloging them, there may be times where it seems cloudy, vague, confusing. So we invite you to be all right with those moments. It is not that you're going crazy. It's not that you're losing linear reality. It means you are truly opening up to this true multi-dimensional nature of your soul.

**The assistance, that comes to humanity in this breakout time, is immense.** It's as if your ancestors within time are showing up with *their* gifts, your descendants coming into this time, bringing into this time *their* gifts. There is extraordinary support for humanity's upliftment, your personal expansion and a groundedness of all of this into the systems and processes that you call life. It's unsettled now, as it should be. But in this time we invite some quietness, so the unsettledness is more like it's happening in a dream time, and you're not having to deal with unsettledness. It's just sometimes you wake up and you go: ' Oh, I don't know what I was dreaming about, but it seemed convoluted'. Much is happening in your dream time in a very positive way. All right.

## Golden Sweetness

**As we look at this year, there's an added sweetness that is joining with human consciousness. You might think of it as the sweetness of golden honey.** In fact, we might invite you into that sweetness now, in our first meeting for this year. *So we invite you to open your heart centered being into receiving this golden sweetness.*

The receiving may feel like it's coming from outside you, but it also may feel like it's seeping open from your cells, from your DNA, seeping open from time itself.

This golden sweetness is comforting and it's reorganizing, it's reassuring.

And perhaps you can easily imagine it rewiring the stress, the old stories, the bruises, and healing your consciousness, emotional and physical infrastructure.

Allowing this golden sweetness to heal and restructure you.

Cleans you and soften you.

Gently erasing the resistors.

**The soothing, that you are feeling, is not just energy. It's the opening of a different kind of consciousness that we call the Source Field.**

You begin to be opened and prepared to be one with Source.

In this meditation you don't travel, you become.

**And in this transition there's much of what you thought you were, that you un-become.** *So as this golden sweetness becomes your identity, your space, there's an unraveling of the smallness that you've been contained in.*

As you softly open,

you might notice that your receptors, the field into which you usually receive information, has become much more holographic. It's not so much the small you anymore as you as part of oneness, opening to greater aspects of All That Is.

If you lose your space, just remember that golden sweetness that's inviting you out of you into itself.

**At some indescribable level, you don't feel yourself as part of Source, as a subset of Source, you feel yourself *as* Source.**

And now we invite you to be a little more conscious of your body; do a quick scan and feel what's different, even though you're still broad.

All right, now move back into that golden sweetness, that Source's space, Source Field.

But this time, you might notice that your body is part of the Source Field; you're not leaving your body to escape here.

All right. And now open up. Let your own guidance direct you into wonderment, love, creation,

whatever space feels supported by this space you are in:

appreciation, connection, softness, wisdom.

**In this space, your bigness is growing, but also your ability to know the *subsets* of this allness.**  
*One subset is beauty, one subset is wisdom, one subset is knowing, one subset is love.*

### **Imprinting your Individuality into the Source Field**

All right. **And now comes the sweet spot, where *you*, you in your perfection, you in your immensity, in your color, in your individuality becomes enrolled in this Source Field.** *So the Source Field has your imprint, your specificity, your individuality, and your individuality has the immensity of the Source Field.* So what we're doing now is what you might say, mapping you, your uniqueness and beauty to this immensity.

Your uniqueness is then supported and proclaimed by the immensity of the Source Field and the sweetness of this golden nectar is a space you know.

### **Synthesis**

You may feel movement now. It's as if you, as a piece of glass in a kaleidoscope, are becoming part of the immense kaleidoscope. Yet you're remaining, you're retaining your unique elegance and who you are redefines the kaleidoscope of All That Is.

Right now, there's just a synthesis, there's nothing really for you to follow.

Your body may be sparkling inside. It may be hot, tingly. It might be uncomfortable.

What we're waiting for now, is a setup that seems like an eruption of beauty. It might be the moment the match touches the sparkler and there's an eruption of that light. We're almost there.

**Now feel the great love in your heart, the great love that you know when you transcend your smallness, and that is now part of the golden sweetness that is you and has opened up.**

***It may feel as if a spark is igniting billions of sparklers at the same time, as you have emerged out of limitation into the Source Field.***

Let yourself now relax, reconsolidate, reharmonize, feeling again that golden sweetness, but now it's not coming from outside you. It is who you are; it is this new form of consciousness.

Allow yourself to feel as if you've exploded out, but you're still you, you're still luminous, even more luminous, you're not constrained to time and space.

### **Fundamental Peace**

You invite knowing that's not linear into your life.

You invite peace that's not conditioned into your life.

Unconditional Peace.

You begin to feel peace as a foundation, as a starting point, not as a result of being comfortable or happy. Peace as foundational as Source.

Let this sink in.

**Peace as source, as fundamental.**

As you each hold this space, the seed of peace, as fundamental as source, germinates.

It spreads to other hearts on the Earth and in the past and the future.

Spreads to all hearts that cannot open and hold this awakened peace.

**Peace is an irrefutable aspect of the Source Field.**

**As the Source Field returns, through you, peace returns through you.**

As we said earlier: your individuality, your uniqueness is brilliant, bright, and is cultivated. **Now imagine your uniqueness serving peace in your way; not by your doing, but by your presence on the Earth right now, your uniqueness shines out this golden honey, this golden light and that light is peace.**

*Imagine in this world that your unique aspect of peace, of this Source Field, is talking and communicating and inter-relating with everyone else's unique peace subset of this Source Field and the Source Field of this golden light, this truth, this Source, this peace, this love, is getting stronger, and is holding the radiation of all the diversity, all the uniqueness.*

Now, the place is solid enough, the space, the Source Field, is solid enough that we can bring you back into your mentality, the place where you always ask questions, and it won't collapse the space we just created. So now in this space, of this Source Field, this golden sweetness and all the colors that each of you represent, if you have questions, for yourself, for your life, for your understanding, the space will hold it and you can get answers without collapsing the space. Whatever you need to know, you may get answers now, or they'll filtrate in in the next few weeks or months.

It's as if your questions start a chain reaction, where the answers sprout and all the interconnections that need to give you the answers or the outcomes are birthed.

So remember not to just look for answers, but for outcomes.

And if you want: let go of the questions and the answers and just dance with the energy of the outcomes, not knowing what they are.

**The Body is a Subset**

**Now we invite you to go back to your body and notice it's changed. Your identification within it, has significantly changed. Your body is a subset of your nonlinear self now.**

Allow any changes that your body needs to make without trying to control it or understand.

This is an integration at a much higher level of being outside of time/space, with the breadth of the Source Field as your playground.

A bigger organization than Jonette expected is happening now, and you're all part of it, so simply stay expanded and present and nonlinear as you can.

Bravo. If you can, open your eyes and notice that you are integrated at a vaster space than you've ever been integrated, yet your presence is more crisp and clear now.

You've invited and allowed a shift.

**Notice that you're in your body, but your body doesn't contain you.**

You didn't leave your body.

**It's simply a *subset*, an avatar of you for time/space, but somehow you know yourself now as the Source Field much more clearly than you've ever been able to grasp before.**

*What's happening now, is you're getting plugged back into linearity in a way that you can operate it, though not in a way that linearity limits you.* It's like we took your hard drive out, fixed it, updated, upgraded it, and now putting your hard drive, your new hard drive back. So give this a few minutes, but you are much more the Source Field and cosmic than you ever could have appreciated before.

Please honor the enormity of this change. It won't be explainable to your mind.

Welcome to the year of Conscious Evolution. For now we thank you, this is MARK.

**Jonette:** We're going to keep the group together while we all kind of synthesize, because MARK doesn't want us to scatter quite yet. So just be with yourself, be with everybody, as we resynthesize. Have some water.

MARK needed to move out, so we can reorganize as a group without his overlay. Allow your brain to stay kind of non-linear, if you can. We're going to take a break for 15 minutes.

I'm not sure how non-linear MARK wants to be when we come back. I don't know if he'll ask for questions or comments, but we'll come back at 20 after the hour. Thank you so much for the space you held, for whatever was the magnitude of this. And we'll ask MARK, what was the magnitude of this. So see you in about 14 minutes.

## BREAK

## JONETTE: COMMENTS

Alright, beautiful ones. My goodness! I want to read just some of the things MARK said about this Source Field, about this course, because it's so relevant to what we're seeing in the outside world. He said: **'With the dissolving of old structures, there arises within you a new consciousness. It takes away who you were and makes possible who you really are'**. And in this next seven weeks, he said, we're going to experience the womb of creation, and that might have been what we opened up into today. He said: 'Feeling endless wellbeing without fear or neediness'. And he said: 'You are permanently remembered and reconnected, and your presence becomes a catalyst for transformation. You are not simply touching the Source Field, you remember that you *are* the Source Field'.

First, I want to thank any of you who are new to this.

It's a vast exploration, and it doesn't teach our 3d mind, it really changes us. With all the things that are happening in our world, it's easy to identify with those. But **I believe this change - where our identity went into this golden sweetness and it couldn't fit back into our old self - I think this will help us feel more balanced and safe, because we are the ones giving birth to the new consciousness.** It's not coming from ET's or starships, it's *us* remembering! As we hold the space, it trickles down to our institutions and our leaders. It *will* be a time of change, but the growth, the place we're coming from is so different than the place we're leaving. And you, in your spiritual practice, is such an important, amazing part of this transformation. It's not happening *to* us, it's happening *through* us. It's happening *through you* in beautiful ways.

Let's see what MARK wants to do. He's going to take a few questions, which I always appreciate at the beginning of a series. So if you would like to ask a question of MARK, and these are always global questions, not personal questions, please turn on your video and your audio and ask MARK your question.

### Experiencing the Source Field

**Anne:** Hi MARK, I have a question. Thank you for this exceptionally beautiful meditation. The Source Field, the field I experienced, or we experienced? Did we experience you, MARK, or did we experience the Source Field, or did we experience the relationship we personally have with the Source Field? What did we experience?

**MARK:** That's a very good question. Each of you has a unique experience with the Source Field. That is why the Source Field is comprehensive. So everyone's experience of this meditation will be vastly different, because who you are is vastly different. But your vast differentness, when it joins and remembers the Source Field, crystallizes the Source Field in an even stronger way that holds All That Is plus every individual color. Did that answer your question.

**Anne:** Yes, it was so profound that I was just curious. I can't actually comprehend or understand what I felt. But what I did feel was that I was I am, that I am, that I am, that I am. I am the One, She who has no name. And I can confirm also about the womb space, because I was the heart womb of the Source, of Sophia. It was definitely the heart, and definitely the womb, and the energy came inside out. It was like the golden honey was in the cells, and it was pouring out from the cells itself. So I don't know what I experienced, but this was major!

**Jonette:** And this is just Jonette saying: that's beautiful, that it came out through your cells.

And before MARK comes in, I just want to really appreciate each of you. It's our diversity that makes an impact. If we were all the same, if we were all like, belong to the same belief system, and we did the same ceremonies every day, it wouldn't have the impact that this does because of our diversity, because we don't all believe the same thing, or do, or get the same thing. Thank you.

Other questions for MARK, and now I see why I had to wear this outfit today. [Jonette shows multi-colored sweater]

### Is the Source Field God?

**Carolyn:** Hi Jonette and hi MARK, thank you for this. I would like to extend that question and ask: we talk about the Source or God, or many names; is this Source Field, is this also what we call God? That's my question. Thank you so much.

**MARK:** And we specifically use the word Source Field, because as soon as you say Source, people move it into God, and that's a singularity. Field you all understand as the space in which creation takes place, not the Creator. So Source means Creator, **Source Field means a field in which creation is, that Source emerges.** So we use that word to replace the old word of God, because what you have called God, you put outside yourself mostly and made yourselves much smaller than and so **the Source Field gives you permission to *be it*, rather than to *be guided by it*.** Thank you.

We've been working with Jonette for over 40 years, and humanity has never been ready to move into the Source Field, until now. It is an immense time of rebirth, of birthing out of the limitations that humanity has been fighting against, and moving into what is not even comprehensible and we welcome you outside of comprehension, so that you can be the midwives of this rebirth.

### Beyond the 12th Dimension

**Anna:** Hello MARK, hello Jonette. We're talking about the 13th dimension and the Source Field; does that indicate that there are no higher dimensions, as I always understood, that that would even go much higher?

**Jonette:** Oh, that's a great question. Let's see what he says.

**MARK:** Yes, **there are higher dimensions, but the idea of hierarchy dissolves after this.** There is more ladders that humanity can climb after the 13th dimension that's in that field of oneness. So again, ladder and climbing are the wrong analogies, but there are higher dimensions than this. But this breakout through the 13th, breaks you out of linearity. So the other dimensions aren't linear. We might say there's broader realities that exist even beyond the 13th dimension.

Humanity has never, has rarely existed out in those higher dimensions beyond the 13th. Humanity has been locked into a linearity that's become a prison; it's become your only reality. As you break out of this, realities begin to be, what from your logical mind are absolutely absurd. And there is *all* of that, because your perception piece has been limited by your five senses. **You, however, are not limited by your five senses, because you do not just inhabit your body, your body is a subset of you.** As you expand outside of the subset that you thought limited you and and put you into karma, as you expand out of that subset and become the wholeness, there are so many different dimensions of realities that can't be comprehended. And there's parts of you that absolutely know those realities. Thank you.

**Anna:** Thank you, MARK.

### Boundaries Blasting Open

**Jonette:** You know I'm going to jump in as Jonette, because I learned this weekend, talking about different realities ... A friend was working with an 11 year old and they had just met this weekend. The 11 year old told her, that she, the 11 year old, is an Etherion, like ether. And my friend says, yeah, what's that? And the 11 year old said, that she goes to sleep and she becomes different animals. She's an otter, she's a dinosaur, she's whatever. And that's real for her. This child has moved into the ether, and these other - it was a cat, the other one - and these other energies just move through her when



she falls asleep. And that reminded me, that years ago I had a mother bring her like six year old child in, maybe he was five, and he swore he was a dinosaur, and he was so upset because nobody understood that. And now I see, that young boy was an Etherion too. He was a dinosaur. He is a dinosaur, but he's also a human. These things that seem impossible, these boundaries and categories we've put on ourselves, are blasting open! Are blasting open, and there's so much more brightness and weirdity when we allow that to be so. All right, so that was my little comment just because I was thinking about Etherions Other questions or answers.

### Doorway Into The Source Field

**Asar:** Hello. We're talking a lot about **plasmification of our bodies**. And when I kind of came back, when MARK ordered me back in this last session, my whole body was tingling. It was like a full body orgasm running through me, and it felt like plasmafying. Is there a connection with the Source Field and the plasmification? Could you please, MARK, shed some light on that? Thank you so much.

**MARK:** Plasma is a state of consciousness that is more connected to the Source Field than your 3d material states of consciousness. Plasma has both energy and matter, not having energy and matter being experienced as separate. So it is a doorway. **Plasma, plasma consciousness is a doorway to the Source Field. But it's not the only doorway.** Because why would something that is everything have only one doorway? So your experience of having this plasmification of your body is an excellent indicator that you are allowing matter to de-materialize and re-materialize into something that is not traditional matter. So it can be a doorway, but it's not the only doorway. It's very interesting.

We appreciate that you mentioned this plasmification, because that might be a good handle to help others understand that their bodies and their minds may feel weird, like you may feel that you can't hold on to linearity the same way. It's because you are moving out of the structures that kept you safe and defined you and allowed you to drive safely. You may find that you are dis-regulated in terms of what used to be regular. Thank you.

### Integrating Multiplicity

**Vern:** Hi, MARK, I was fascinated by, first our exploration into the depth of peace and how it's so foundational, and our exploration at this time. And I had during this whole meditation, that was my sense of reality as I was just living in peace. And there was a time that that kind of evolved into this concept that we can live in multiple places and simultaneous realities all at one time, and that's okay, and yet it's somewhat confusing. Is there a way for us to integrate that more easily into us, living multiply, rather than singularly, if that makes any sense. Thank you.

**Jonette:** Well, we just let you know that *you are multiplicity*. Okay, so I'm going to come in, because MARK showed me something that I totally forgot, that he wanted to tell you today. And it was about that old nursery rhyme - because he said it was going to come up, and I forgot about it - that old nursery rhyme that goes: 'Here's the church and here's the steeple, open the doors and see all the people', [Jonette shows with her hands] that we think they're singularity, but they're not. So maybe that answers your question. MARK told me this about three days ago, this silly little nursery rhyme. So let me go back to your question. Let me bring MARK back to your question.

**MARK:** Let singularity be your handle into this reality, but your existence in this reality is the **multiplicity**. You can be a dinosaur, you can be someone else, you can be a rock, you can be a tree, because human consciousness is not differentiated from consciousness, Earth consciousness, rock

consciousness. That's how the shamans can heal. So your retreat is your individuality, but your expression, your gifts, actually come from the multiplicity, if that helped.

**Vern:** Thank you, I appreciate that. And it's something that I'm going to really... it's something that's like a germinating seed that's gonna allow me to unfold around it. And that's all I can say at this point. Thank you.

**Jonette:** That's a beautiful way to say it. Yeah, a germinating seed. Thank you. This period until our next trilogy, which is on February 20th and the Lunar New Year is on February 17, this is a quiet time of pre germination for all of us. So don't get too heady and trying to figure out what you're going to be when you grow up, when you germinate. Keep the force and the softness and the possibility within that seed pod. And then when the end of February comes around and the energies open up, then we'll see what we germinated into. Other questions or comments, beautiful ones.

### On Peace

**Atle:** I think I have a question. First of all, thank you for this. So marvelous how this unfolds, step by step by MARK. I don't know how we do it, but yeah, I can see clearly what I didn't see 2 classes ago and today was another day. But on January 1st, MARK also came to us through you. And that was also a marvelous class. It was no MARK class, I hope many of the others listening to this also took it, but there MARK told us that through love and wisdom, we can get power. And through that square there is a portal. Today, he mentioned also peace. So is peace the portal, or as I experienced when I thought about this today, there is also a fourth corner on the pyramid, which could be peace, and there is a top, and I don't know, maybe MARK can help me out here.

**Jonette:** MARK has always said that there's three points. He says, you always start with love. When there's enough love - I think it first came from White Eagle actually - when there's enough love, whatever that is, then wisdom comes. Wisdom always must be based on love. And once you have a foundation of love and wisdom, power comes and creates this triangle, and **it always has to begin with love, wisdom and power.** Then if you put the triangle on its base, so it's a bottom of a three sided pyramid, **there's a fourth point, which is creation.** But let's think that perhaps peace - so creation is the other point - but maybe peace is the space that's created in the triangle or created in the four sided shape. So peace is irrevocable, irrevocably part of love, wisdom and power. So if peace ... **peace can be the key to having love, wisdom, power and creation. It's not a fourth point, it's what is created.** Thank you. I never saw that before. Thanks for asking that question.

### JONETTE: CLOSING COMMENTS

I really want to welcome anybody who's new to this. The people who've been doing MARK, and some of you for 30 years, some of you a long time: it's because we have our differences, we have our other work, and we come together and bring that multiplicity together, that MARK can keep unfolding and unfolding and unfolding. So your participation in this: you're not in the audience, we're all on the stage, and MARK's just kind of the orator here. So thank you for holding this space, and let's see what we can create with the Source Field opening up.

And it's not just opening up through us. There's got to be gurus and shaman everywhere doing their work, bringing it together, and we all bring our little piece of it together. It's not that this work is higher than anyone else's. It's part of all the work you do and all the work other people do, as we open consciousness. Why? Because we want this world to work differently. You know, we don't just

want woo, woo and happiness and nice MARK classes. **We're here because we want our world to represent what we know of the greater reality.** Thank you. We'll see you next week.